



**3rd International Pan-Arab Critical Care Medicine Congress- Kuwait 2008**  
**In Conjunction with 4th Kuwait Critical Care Conference.**  
Arraya Ballroom, Courtyard Marriot Hotel- Kuwait  
**November 2008**

**Workshop on Fluid & Electrolytes**  
**4th November 2008**

TIME	TOPIC	SPEAKER
8:30 - 9:00	Osmolality, Tonicity and all	Assoc. Prof. Ramesh Nagappan
9:00 - 9:30	Colloids and Crystalloids	Assoc. Prof. Ramesh Nagappan
9:30 - 10:30	Hypo- and Hypernatremia	Assoc. Prof. Ramesh Nagappan
10:30 - 11:00	Coffee Break	
11:00 - 11:45	Interactive Cases - Discussion	Moderator : Ramesh Nagappan
11:45 - 12:30	Fluid Balance is a waste of time	Assoc. Prof. Ramesh Nagappan
12:30 - 13:00	Potassium for the Intensivist	Assoc. Prof. Ramesh Nagappan
13:00 - 14:00	Lunch	
14:00 - 14:45	Diuretics – An Overview	TBA (Nephrologist / Intensivist)
14:45 - 15:15	Calcium in Critical Care	Assoc. Prof. Ramesh Nagappan
15:15 - 15:45	Magnesium in Critical Care	TBA (Intensivist)
15:45 - 16:30	Clinical Quiz on Fluid & Electrolytes or Interactive Cases - Discussion	Assoc. Prof. Ramesh Nagappan